



Food Policy

Approved by: Priory Rise Board of Governors **Date:** November 2022

Last reviewed on: November 2020

Next review due by: November 2024

Contents

| Section | Title | Page |
|----------------|------------------------|-------------|
| 1. | Aims | 3 |
| 2. | Objectives | 3 |
| 3. | Meeting our objectives | 3 |
| 4. | Meal arrangements | 4 |
| 5. | Parental involvement | 4 |

1. Aims

Priory Rise School is full committed to safeguarding all children and, along with many other school policies, our Food Policy contributes to the safeguarding of children at Priory Rise.

This policy aims to ensure that all aspects of food and nutrition in school promote the health and well-being of children, staff and visitors to our school.

2. Objectives

To meet our core aim, we have the following key objectives:

- All children have access to a healthy snack during morning play
- Water is readily available throughout the day
- To promote and raise awareness of healthy eating throughout the whole school community, in particular paying attention to children's lunch boxes
- All members of staff with food responsibilities have basic food hygiene training
- All members of the catering staff have food allergen training
- All children have access to a healthy cooked meal at lunchtime
- Children who attend our extended care have access to a healthy breakfast and/or teatime snack

3. Meeting our objectives

These are the key actions we will take in order to meet our core aim and objectives:

- All Foundation and Key Stage 1 children will be provided with a fruit snack at morning break
- Key Stage 2 children will be asked to bring a healthy fruit or vegetable snack to school
- Children provide their own water bottles which they have access to throughout the day. All classrooms have drinking water outlets. In the event a child has forgotten their water bottle, beakers for water will be made available
- Healthy eating is promoted through the curriculum in science and PSHE
- School meals are provided by our in-house catering team and these meals fully meet the nutritional requirements of a healthy balanced meal. *Healthy choices are promoted through the use of reward stickers*
- Training is provided for relevant staff with food responsibilities
- Parents are given guidance about healthy packed lunches and asked to ensure their child's lunch box does not include sweets, sugary drinks or chocolate. Parents are also asked to include a fruit or vegetable item in their child's lunch box. Uneaten food is returned in the lunch box so that parents know what has been eaten
- To safeguard children with nut allergies, we have a 'nut-free' policy at the school and therefore children must not bring into school any form of nut products including peanut butter or snacks with nuts
- Children with specific food needs have a food passport that is presented at mealtime and if relevant at our extended care provision

4. Meal arrangements

We recognise the importance of lunchtime organisation in the behaviour and well-being of our children and greatly value the promotion of social skills and healthy eating.

Teachers, support staff, catering staff and lunchtime supervisors work together to create a good dining room ambience and the development of appropriate table manners. All Nursery, Reception and Key Stage 1 children are encouraged to have school meals to support the development of social skills and to promote acceptance of a wide range of foods. Children in Reception and Key Stage 1 receive a complimentary cooked school meal which is provided under the government's universal free school meals scheme.

Nursery children and children in Key Stage 2, are able to purchase a meal by ordering in advance. The meals represent excellent value for money.

The menu is published on the school website detailing meals for a three-week period. A two-course meal is served with a choice of a main meal, a vegetarian option or a jacket potato with a choice of fillings. In addition, the dessert choices include a cooked dessert, yoghurt, fresh fruit salad or cheese and biscuits.

For our Nursery and Reception children there is a higher ratio of staff supervision and an emphasis on social skills and healthy eating. We also operate a 'sitting' arrangement to enable all children in the school to have the opportunity to have sufficient time to eat and to be able to enjoy their lunch.

5. Parental involvement

- Information about school catering is provided at open evenings, relevant events and in school newsletters.
- From time to time, parents and governors are invited into school to eat lunch with children and this is extended to parents of children in reception later in the school year.
- Feedback from parents is invited and welcome. We also survey parents at least once a year to seek their views about the food and meal provision.