

| Term | Week | Knowledge | Skills |
|----------|------|--|--|
| Autumn 1 | 1-5 | <u>Being Me in My World</u> - I understand what it feels like to belong and that we are similar and different. | I can say where I belong. I can identify similarities and differences between me and my friends. |
| Autumn 2 | 1-6 | Celebrating Difference - I can start to recognise and manage my feelings. | I can say what makes me happy, sad etc. I can explain ways that I can make myself happy if I am feeling sad. |
| Spring 1 | 1-6 | Dreams and Goals - I enjoy working with others to make school a good place to be. | I can look after others. I can look after resources. I can compromise with others. |
| Spring 2 | 1-6 | Healthy Me - I understand what it is to be kind and can use gentle hands. | I can be kind to others. I can explain that sometimes it is ok to feel angry and say how I can deal with this. |
| Summer 1 | 1-6 | <u>Relationships</u> - I am starting to understand children's rights and this means we should all be allowed to learn and play. | I can follow the Golden Rules. I can explain what the consequences are of breaking the rules. I can explain how I can keep myself safe. |
| Summer 2 | 1-6 | <u>Changing Me</u> - I am learning what being responsible means. | I can look after things. I can show respect for rules. I can explain what responsibility means. |