

## Summer Term (1) 2024 Menu



| EK A | MONDAY  | TUESDAY   | WEDNESDAY  | THURSDAY   | FRIDAY  |  |
|------|---|---|--|--|---|--|
|      | Chicken Balti<br>with Rice, and Sweetcorn   | Pork Sausages<br>with diced Herb Potatoes,<br>Peas, and Gravy             | Roast Chicken<br>with Stuffing, Roast<br>Potatoes, Peas, and Carrots | Cheese & Tomato Pizza<br>with Potato Wedges,<br>Sweetcorn and Homemade<br>Coleslaw | Battered Cod<br>with Oven Chips, Peas or<br>Baked Beans |  |
|      | Quorn, Chickpea and Lentil<br>Curry<br>with Rice, and Sweetcorn                         | <b>Vegetarian Sausages</b><br>with diced Herb Potatoes,<br>Peas and Gravy | <b>Macaroni Cheese</b><br>with Peas and Carrots                      | Cheese & Tomato Pizza<br>with Potato Wedges,<br>Sweetcorn and Homemade<br>Coleslaw | Vegetable Pasta Bake                                    |  |
| iii  | Jacket Potato   | Pasta   | Jacket Potato  | Pasta  | Jacket Potato   |  |
|      | with Tuna Mayonnaise or   | with a Tomato and Basil   | with Cheese or   | with a Tomato and Garlic   | with Tuna Mayonnaise or                                 |  |
| WE   | Cheese  | Sauce   | Baked Beans  | Sauce  | Cheese  |  |
|      | Fruity Flapjack   | Fruit Crumble   | Fruit Jelly<br>with Ice-cream  | Chocolate Brownie  | Lemon Sponge with Custard                               |  |
|      | Fresh Fruit Segments  | Fresh Fruit Segments  | Fresh Fruit Segments   | Fresh Fruit Segments   | Fresh Fruit Segments                                    |  |
|      | Fruit Yoghurt   | Fruit Yoghurt   | Fruit Yoghurt  | Fruit Yoghurt  | Fruit Yoghurt   |  |
|      | Cheese and Biscuits   | Cheese and Biscuits   | Cheese and Biscuits  | Cheese and Biscuits  | Cheese and Biscuits                                     |  |
|      | Available Daily: Unlimited fresh seasonal salad and fresh bread, chilled drinking water |   |  |  |   |  |

| KB       | MONDAY   | TUESDAY  | WEDNESDAY  | THURSDAY  | FRIDAY  |  |
|----------|--|--|--|---|---|--|
|          | <b>Italian Meatballs</b><br>with a Tomato and Basil<br>sauce, Pasta, Garlic Bread<br>and Sweetcorn | Chicken in a BBQ Sauce<br>with Rice and Peas                             | Roast Gammon<br>with Roast Potatoes,<br>Yorkshire Pudding, Peas &<br>Carrots | Chilli con Carne<br>with Rice, Nachos and<br>Sweetcorn        | Fish Fingers<br>with Oven Chips, Peas or<br>Baked Beans |  |
|          | Spinach and Ricotta<br>Cannelloni<br>with Garlic Bread and<br>Sweetcorn                            | Chinese Vegetable Spring<br>Roll<br>with Stir-fry Vegetables<br>and Rice | Cheese and Vegetable<br>Quiche   | <b>Vegetable Chilli</b><br>with Rice, Nachos and<br>Sweetcorn | Spicy Cous Cous   |  |
| Щ        | Jacket Potato  | Jacket Potato  | Pasta  | Jacket Potato   | Pasta   |  |
| <u> </u> | with Tuna Mayonnaise or  | with Cheese or   | with a Homemade Tomato   | with Baked Beans or   | with a Homemade Tomato                                  |  |
| 8        | Baked Beans  | Baked Beans  | and Herb Sauce   | Cheese  | and Herb Sauce  |  |
|          | <b>Jam Sponge</b><br>with Custard  | Waffles<br>with Vanilla Ice-cream and<br>Warm Strawberry Sauce           | Raisin and Oat Cookies   | Carrot Cake   | Syrup Sponge<br>with Custard                            |  |
|          | Fresh Fruit Segments   | Fresh Fruit Segments   | Fresh Fruit Segments   | Fresh Fruit Segments  | Fresh Fruit Segments                                    |  |
|          | Fruit Yoghurt  | Fruit Yoghurt  | Fruit Yoghurt  | Fruit Yoghurt   | Fruit Yoghurt   |  |
|          | Cheese and Biscuits  | Cheese and Biscuits  | Cheese and Biscuits  | Cheese and Biscuits   | Cheese and Biscuits                                     |  |
|          | Available Daily: Unlimited fresh seasonal salad and fresh bread, chilled drinking water            |  |  |   |   |  |

| WEEK C | MONDAY  | TUESDAY  | WEDNESDAY   | THURSDAY  | FRIDAY  |  |
|--------|---|--|---|---|---|--|
|        | Sweet Chilli Chicken<br>with Rice and Peas  | Beef Bolognaise Pasta<br>Bake<br>with Garlic Bread and<br>Sweetcorn                | Roast Chicken<br>with<br>Stuffing, Roast Potatoes<br>Peas and Carrots | Bread-crumbed Chicken<br>Fillet<br>served in a Burger Bun,<br>Potato Wedges, Sweetcorn<br>and Homemade Coleslaw | Battered Cod<br>with Oven Chips, Peas or<br>Baked Beans |  |
|        | Vegetable Potato Boats<br>with Peas   | <b>Quorn Bolognaise Pasta</b><br><b>Bake</b><br>with Garlic Bread and<br>Sweetcorn | Cheese, Onion & Potato<br>Bake<br>with Peas and Carrots               | Vegetable Burger<br>served in a Burger Bun,<br>Potato Wedges, Sweetcorn<br>and Homemade Coleslaw                | Broccoli and Cauliflower<br>Bake                        |  |
|        | Pasta With a Homemade Tomato Sauce  | Jacket Potato<br>with Baked Beans or<br>Cheese                                     | Pasta with a Homemade Tomato Sauce                                    | Jacket Potato with Cheese or Baked Beans  | Pasta with Bolognaise or a Homemade Tomato Sauce        |  |
|        | Strawberry and Vanilla<br>Mousse  | Chocolate & Orange<br>Sponge<br>with Custard                                       | Doughnuts   | Shortbread  | <b>Pineapple Cake</b><br>with custard                   |  |
|        | Fresh Fruit Segments Fruit Yoghurt Cheese and Biscuits                                  | Fresh Fruit Segments Fruit Yoghurt Cheese and Biscuits                             | Fresh Fruit Segments Fruit Yoghurt Cheese and Biscuits                | Fresh Fruit Segments Fruit Yoghurt Cheese and Biscuits  | Fresh Fruit Segments Fruit Yoghurt Cheese and Biscuits  |  |
|        | Available Daily: Unlimited fresh seasonal salad and fresh bread, chilled drinking water |  |   |   |   |  |

If your child has any special dietary requirements or suffers from any food based allergic reactions, please speak to a member of the Catering Team in the first instance. They can provide up-to-date allergen information relevant to the menu currently on offer.

free school meal – a universal benefit not dependent on parents' income.

Children in Foundation, Year 1 and Year 2 are entitled to a

Meals for children in Nursey cost £2.25 each.

Meals for KS2 children cost £2.75 each.

Meals must be ordered in advance and paid for via Arbor.

Week A Commencing:

Week B Commencing:

22/04, 13/05

29/04, 20/05

Week C Commencing:

15/04, 06/05